## **VOLUNTEERS NEEDED**

TO DELIVER

## "MEALS ON WHEELS"



Monday - Friday

10:00 am - 12:00 pm

Louisville Metro Senior Nutrition Program provides nutritional meals to homebound seniors in the Louisville area. You can make a huge difference in your community by investing a couple hours a week.

## Routes Available Now! You pick the day(s) you can volunteer and we will train.

## Contact Trina Mitchell at 574-6420



Volunteer Coordinator
Senior Nutrition Program
Louisville Metro Government
Department of Community Services

